









The dose range is 150 to 600 mg per day given in either two or three divided doses. Lyrica® may be taken with or without food. If Lyrica® has to be discontinued, it is recommended this should be done gradually over a minimum of 1 week.

Neuropathic Pain	
Recommended starting dose	150 mg/ day
*Titrate interval of 3-7 day	300 mg/ day
Maximum dose after an additional 7-day interval	600 mg/ day

Fibromyalgia		
Recommended starting dose	150 mg/ day	
*Titrate within 1 week	300 mg/ day	
**Titrate	450 mg/ day	
<b>Maximim dose</b> after an additional week	600 mg/ day	

Generalized Anxiety Disorder	
Recommended starting dose	150 mg/ day
*Titrate after 1 week	300 mg/ day
***Titrate	450 mg/ day
Maximim dose after an additional week	650 mg/ day

Epilepsy		
Recommended starting dose	150 mg/ day	
*Titrate after 1 week	150 mg/ day	
Maximum dose after an additional week	150 mg/ day	

## References:

1. Freeman R, et al. Efficacy, safety, and tolerability of pregabalin treatment for painful diabetic peripheral neuropathy. Diabetes Care. 2008;31(7):1448-1454. 2. Taguchi T, et al. Effectiveness of pregabalin for the treatment of chronic low back pain with accompanying lower limb pain (neuropathic component): a non-interventional study in Japan. J Pain Res. 2015;8:487-497. 3. Johnston SS, et al. Cost comparison of drug—drug and drug—condition interactions in patients with painful diabetic peripheral neuropathy treated with pregabalin versus duloxetine. Am J Health-Syst Pharm. 2013;70:2207-2217. 4. Malaysia Lyrica Prescribing Information. October 2021 5. Satoh J, et al. Efficacy and safety evaluation of pregabalin treatment over 52 weeks in patients with diabetic neuropathic pain extended after a double-blind placebo-controlled trial. J Diabetes Invest. 2011;2(6):457-463. 6 \*Attal N, et al. EFNS guidelines on the pharmacological treatment of neuropathic pain: 2010 revision. Eur J Neurol. 2010;17:1113-1123.

BID: Twice Daily

Scan QR Code for Lyrica Abbreviated



http://viatrismvapi-lyrica.co

Scan QR Code for Neuropathic Pain Assessment Tool



http://www.painscreeningtool.com

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<sup>\*</sup>Dosage may be increased to 300 mg/day based on individual patient response and tolerability.

<sup>\*\*</sup>Patients who do not experience sufficient benefit with 300 mg/day may be further increased to 450 mg/day (225 mg BID).

<sup>\*\*\*</sup>Following an additional week the dosage may be increased to 450 mg per day. The need for treatment should be reassessed regularly.